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Getting It on Getting it Getting it Right*

A fully revised and updated edition of the category leader. Includes two new chapters and 5 new illustrations. Describes a method of negotiation that isolates problems, focuses on interests, creates new options, and uses objective criteria to help two parties reach an agreement. 'Game-changing. Katy Milkman shows in this book that we can all be a super human' Angela Duckworth, bestselling author of Grit How to Change is a powerful, groundbreaking blueprint to help you - and anyone you manage, teach or coach - to achieve personal and professional goals, from the master of human nature and behaviour change and Choiceology podcast host Professor Katy Milkman. Award-winning Wharton Professor Katy Milkman has devoted her career to the study of behaviour change. An engineer by training, she approaches all challenges as

problems to be solved and, with this mind-set, has drilled into the roadblocks that prevent us from achieving our goals and breaking unwanted behaviours. The key to lasting change, she argues, is not to set ever more audacious goals or to foster good habits but to get your strategy right. In How to Change Milkman identifies seven human impulses, or 'problems', that commonly sabotage our attempts to make positive personal and professional change. Then, crucially, instead of getting you to do battle with these impulses she shows you how to harness them and use these as driving forces to help instil new, positive behaviours - better, faster and more efficiently than you could imagine. Drawing her own original research, countless engaging case studies and practical tools throughout to help you put her ideas into action, Milkman reveals a proven, inspiring path that can take you - once and for all - from where you are today to where you want to be. A single coherent source of information on the various interlinking domains of patient safety, litigation and ethical behaviour, based on accounts of real-life situations and intended for all healthcare students, specialists and administrators. History of rock costume from the 1950s to the present day, an essay on the mythic origins of popular culture, and a look at rock fashion designers. Learn how gay men use Internet technologies to connect with others sharing their erotic desires and to forge affirming communities online! Getting It On Online: Cyberspace, Gay Male Sexuality, and Embodied Identity examines the online embodied experiences of gay men. At once scholarly and sensual, this unique book is the result of a three-year ethnographic study chronicling the activities on three distinct social scenes in the world of Internet Relay Chat (IRC)—virtual spaces constructed by gay men for the erotic exploration of the male body. Examining the vital role the body plays in defining these online spaces offers insight into how gay men negotiate their identities through emerging communication technologies. The author combines a critical look at the role of the body in cyberspace with candid accounts of his own online experiences to challenge conventional views on sex,

sexuality, and embodied identity. Getting It On Online provides an inside look at three specific online communities—gaychub (a community celebrating male obesity), gaymuscle (a community formulated around images of the muscular male body), and gaymusclebears (a space representing the erotic convergence of the obese and muscular male bodies emerging out of the gay male “bear” subculture)—in an effort to unsettle those models of beauty and the erotic depicted in more mainstream media. The book demonstrates how the social position of these men in the physical world in regards to age, race, gender, class, and physical beauty influences their online experiences. Far from a realm of bodiless exultation, Getting It On Online illustrates how the flesh remains very much present in cyberspace. Getting It On Online examines topics such as: why people chat online the history of IRC (Internet Relay Chat) how people construct their identities in cyberspace how some online spaces function like virtual gay bars the concept of online disembodiment the role the body plays in online social relations the future of online communication ethnographic research in cyberspace mediated images of the male body and the gay male beauty myth and much more! Getting It On Online: Cyberspace, Gay Male Sexuality, and Embodied Identity is an essential resource for anthropologists, sociologists, and psychologists; academics working in gender studies, queer theory, cultural studies, and cyber-culture studies; and anyone interested in gay and lesbian issues and/or cyberspace. Scientists today working on controversial issues from climate change to drought to COVID-19 are finding themselves more often in the middle of deeply traumatizing or polarized conflicts they feel unprepared to referee. It is no longer enough for scientists to communicate a scientific topic clearly. They must now be experts not only in their fields of study, but also in navigating the thoughts, feelings, and opinions of members of the public they engage with, and with each other. And the conversations are growing more fraught. In Getting to the Heart of Science Communication, Faith Kearns has penned a succinct guide for navigating

*the human relationships critical to the success of practice-based science. This meticulously researched volume takes science communication to the next level, helping scientists to see the value of listening as well as talking, understanding power dynamics in relationships, and addressing the roles of trauma, loss, grief, and healing. In this “brave and heartbreaking novel that digs its claws into you and doesn’t let go, long after you’ve finished it” (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of All Your Perfects, a workaholic with a too-good-to-be-true romance can’t stop thinking about her first love. Lily hasn’t always had it easy, but that’s never stopped her from working hard for the life she wants. She’s come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily’s life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He’s also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn’t hurt. Lily can’t get him out of her head. But Ryle’s complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his “no dating” rule, she can’t help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is “a glorious and touching read, a forever keeper. The kind of book that gets handed down” (USA TODAY). Is civilization teetering on the edge of a cliff? Or are we just climbing higher than ever? Most people who read the news would tell you that 2017 is one of the worst years in recent memory. We're facing a series of deeply troubling, even existential problems: fascism, terrorism, environmental collapse, racial and economic inequality, and more. Yet this narrative misses something important: by almost every meaningful*

measure, the modern world is better than it ever has been. In the United States, disease, crime, discrimination, and most forms of pollution are in long-term decline, while longevity and education keep rising and economic indicators are better than in any past generation. Worldwide, malnutrition and extreme poverty are at historic lows, and the risk of dying by war or violence is the lowest in human history. It's not a coincidence that we're confused -- our perspectives on the world are blurred by the rise of social media, the machinations of politicians, and our own biases. Meanwhile, political reforms like the Clean Air Act and technological innovations like the hybridization of wheat have saved huge numbers of lives. In that optimistic spirit, Easterbrook offers specific policy reforms to address climate change, inequality, and other problems, and reminds us that there is real hope in conquering such challenges. In an age of discord and fear-mongering, It's Better Than It Looks will profoundly change your perspective on who we are, where we're headed, and what we're capable of. Since 1991, Robert Barro has been a lively contributor to the Wall Street Journal and other popular financial media. Getting It Right brings together, updates, and expands upon these writings that showcase Barro's agility in applying economic understanding to a wide array of social issues. Barro, a "conservative who takes no prisoners," and a self-described libertarian, believes that most governments have gone much too far in their spending, taxation, and regulation. The dominant theme in these wide-ranging essays is the importance of institutions that ensure property rights and free markets. The discussion deals especially with the appropriate range of government: which areas represent useful public policy and which are unnecessary interference. The first section of the book considers these questions in the context of the determinants of long-run economic growth. In addition to basic economics, Barro assesses related political topics, such as the role of public institutions, the optimal size of countries, and the consequences of default on foreign debt. The second section deals with the proper role and form of monetary policy. Barro argues that

government should provide markets with a stable nominal framework and then stay out of the way to best allow for price stability. Writings in the third section cover fiscal and other macroeconomic policies. Topics include the distorting influences of taxation, especially taxes on capital income; infrastructure investment and other government spending; and the consequences of public debt and budget deficits. In a final section, Barro looks at more micro issues such as cartels, tax amnesties, school choice, privatization, cigarette-smoking regulation, endangered species regulation, the market for baseball players, and term limits for politicians.

The official book on the Rust programming language, written by the Rust development team at the Mozilla Foundation, fully updated for Rust 2018. *The Rust Programming Language* is the official book on Rust: an open source systems programming language that helps you write faster, more reliable software. Rust offers control over low-level details (such as memory usage) in combination with high-level ergonomics, eliminating the hassle traditionally associated with low-level languages. The authors of *The Rust Programming Language*, members of the Rust Core Team, share their knowledge and experience to show you how to take full advantage of Rust's features--from installation to creating robust and scalable programs. You'll begin with basics like creating functions, choosing data types, and binding variables and then move on to more advanced concepts, such as:

- Ownership and borrowing, lifetimes, and traits
- Using Rust's memory safety guarantees to build fast, safe programs
- Testing, error handling, and effective refactoring
- Generics, smart pointers, multithreading, trait objects, and advanced pattern matching
- Using Cargo, Rust's built-in package manager, to build, test, and document your code and manage dependencies
- How best to use Rust's advanced compiler with compiler-led programming techniques

You'll find plenty of code examples throughout the book, as well as three chapters dedicated to building complete projects to test your learning: a number guessing game, a Rust implementation of a command line tool, and a multithreaded server. New to this edition: An extended section on

Rust macros, an expanded chapter on modules, and appendixes on Rust development tools and editions. Failures don't need to be final, and disappointment doesn't need to be defining. Come along on a wild, hilarious, faith-building ride, and let The Art of Getting It Wrong guide you toward hope for the future and the freedom to love your life exactly where you are. Long before his YouTube channel, The Miller Fam, became a viral sensation, Stephen Miller got a ton of things wrong. He knows what it's like to endure countless failed endeavors, make too many rash decisions, and feel deep discouragement when life doesn't go as planned--sometimes all before breakfast. But those experiences taught him a powerful lesson: it's going to be okay. With the characteristic authenticity, love, and humor Stephen shows in his YouTube videos, The Art of Getting It Wrong offers timeless truths and never-before-told stories of misadventures and out-of-control disappointments that will encourage you to: See the good at work in your life, even when you make mistakes Look for the laugh in every situation Embrace the truth--whether it's a warm hug or a kick in the teeth Believe in yourself and grow in your sense of self-worth Discover the power of grace, both for others and for yourself Join Stephen as he shares what it means to turn failures, mishaps, and disappointments into a life of fun and fulfillment--even when it's not what you expected. "Drawing on the lives of five great scientists -- Charles Darwin, William Thomson (Lord Kelvin), Linus Pauling, Fred Hoyle and Albert Einstein -- scientist/author Mario Livio shows how even the greatest scientists made major mistakes and how science built on these errors to achieve breakthroughs, especially into the evolution of life and the universe"-- He clicked on Queer Eye, a show where five gay dudes gave some grungy straight guy a makeover -- plucking his nose hairs, redecorating his apartment, and teaching him to bake a quiche -- so he could confidently propose marriage to his girlfriend and she'd tell him "yes." Which, of course, she did. On TV the guy always gets the girl. As Carlos watched, he recalled Sal, the supposedly gay guy at school. It was then that the idea first

popped into his brain: If Sal truly were queer...could he possibly help Carlos?...Nor to propose to Roxy, of course -- at least not yet -- but to get her to maybe like him? Over the past decade, the author has met with directors of R&D departments in large industrial firms, who are frustrated by the lack of coherent and consistent methodologies in R&D projects. As a direct result the author was asked to design and present a seminar to provide R&D engineers and scientists a standard methodology for conducting coherent, rigorous, comprehensible, and consistent R&D projects. The author also realized that this training should be included in engineering and science curricula in universities and colleges. To this end, he designed and presented a pilot course for his department that was received enthusiastically by students who participated. This course has now become a required course for all doctoral students in the author's department. This book has been designed to provide professional engineers, scientists, and students with a consistent and practical framework for the rigorous conduct and communication of complex research and development projects. Although courses and training in research methods are common and generally required of social science professionals, a vast majority of physical scientists and engineers have had no formal classroom training or on-the-job mentoring on proper procedures for research methods. Getting It Right emphasizes the comprehensive analysis of project problems, requirements, and objectives; the use of standard and consistent terminology and procedures; the design of rigorous and reproducible experiments; the appropriate reduction and interpretation of project results; and the effective communication of project design, methods, results, and conclusions. Presents a standard methodology for conducting coherent, rigorous, comprehensible, and consistent R&D projects Thoroughly researched to appeal to the needs of R&D engineers and scientists in industry Will also appeal to students of engineering and science A company begins exploration of future operations in a remote and rural area of a poor, but resource-rich country. The communities in

*this area welcome the company's interest, seeing the prospects for improved social and economic conditions. They look forward to the creation of jobs and other income opportunities, and they look forward to being connected to the outside world through the company. The company, for its part, wants to get it right with local communities. In order to understand the context in which they plan to operate as well as to demonstrate their respect for local mores, managers hire an anthropologist or a non-governmental organization (NGO) to do community surveys. They see these as the first steps for establishing good relations between the company and local communities. Five years later, a visitor to the area sees schools and clinics that the company has built and staffed for the community. He sees upgraded roads and electricity that had not existed before. He sees increased activity in the region, more people and more vehicles, as people have migrated to the area for work. But he hears the company manager complain that he spends far too much time dealing with the community's "never-ending demands" and with "local trouble-makers," and he hears community members complain that "the company has done nothing for us." This book has been written for corporate managers who are responsible for company operations in societies that are poor and politically unstable. Many such managers are frustrated with the situations they face. They try their best to run effective, profitable and beneficial operations that take account of the needs of all their stakeholders, including local surrounding communities. But, even with their best efforts, they encounter community dissatisfaction, unrest, opposition, and delays and, worse yet, threats and violence. In many ways, this book is also written *by* such managers because the information and learning it includes come directly from their day-to-day, grounded field experience. For seven years the authors have spent days and weeks at over 25 sites of companies – including (among others) BP, ChevronTexaco, Barrick, Shell, Total, and Newmont – operating in Africa, Asia, Latin America, Australia, and North America, talking with both company staff and local people. They have gathered evidence of how*

*the daily, ongoing operations of companies interact with, affect, and are affected by the societies where they work. They have heard lots of complaints – on both sides. They have seen policies and programs, intended to establish positive relations, backfire and, instead, bring angry demonstrations at the company gate and seemingly endless negotiations and demands. They have also seen operations that are appreciated and supported by local people because of the positive impacts they have had. Both corporations and communities begin their interactions with positive attitudes and expectations, but in a short time tensions between the two rise and negative attitudes can supplant positive ones. In each location where CEP has seen this story play out, there are, of course, variations and details that reflect the specific context and local history. But the regularity and similarity of complaints across so many contexts also show that there are clear, and predictable, patterns in the processes by which company–community relations turn sour. Getting it Right reports, analyzes, and sorts the broad and varied experiences of these many corporations, bringing forward the lessons that can be usefully applied in other settings. The aim is to help corporate managers *get it right* with respect to interactions with local communities, so that they can more efficiently and effectively accomplish their production goals and, at the same time, ensure that local communities are better (rather than worse) off as a result of their presence. The book also addresses what has been learned about how companies can interact, appropriately and positively, with national governments and advocacy NGOs in ways that promote, rather than undermine, the welfare of the citizens of the countries where they operate. The book provides a treasure trove of practical experience against which other managers can analyze their own situations and, using what has been learned by smart colleagues before them, arrive at sound, practical approaches to their daily challenges. Getting it Right will be an indispensable resource for all managers working in community relations or responsible for operations in difficult locations, as well as for students of development studies,*

corporate social responsibility, sustainable development, the extractive industries, and stakeholder management. This manual was created by a working production assistant as a tutorial for those starting out, or a reference guide for seasoned filmmakers. "Getting It Done" offers information on the many departments involved in a film production, the day-to-day operations of the set, and much more. "The highest achievers share some of their lowest moments, and there is much wisdom to be gained from those struggles. Captivating, thought-provoking." —David Faber, CNBC The path to success is rarely easy or direct, and good mentors are hard to find. In Getting There, thirty leaders in diverse fields share their secrets to navigating the rocky road to the top. In an honest, direct, and engaging way, these role models describe the obstacles they faced, the setbacks they endured, and the vital lessons they learned. They dispense not only essential and practical career advice, but also priceless wisdom applicable to life in general. Getting There is for everyone—from students contemplating their futures to the vast majority of us facing challenges or seeking to reach our potential. "Kudos to Gillian Zoe Segal for assembling this remarkable group of visionaries and helping them all tell their stories without filters or false bravado. Getting There is both empowering and illuminating." —Piper Kerman, New York Times- bestselling author of Orange Is the New Black "Life-changing, real-world advice." —Vanity Fair "Reading Getting There is like having an intimate, one-on-one talk with some of the world's most fascinating and accomplished people. You will be taken aback by their honesty, entertained by their anecdotes, and, most of all, learn invaluable lessons about both business and life. This book is fantastic—you will not be able to put it down!" —JJ Ramberg, bestselling author of It's Your Business "Somehow, Gillian Zoe Segal has gotten these leaders to share their stories in a unique, authentic, and revealing way." —Robert Steven Kaplan, former president and CEO of the Federal Reserve Bank of Dallas From Jones Loflin and Todd Musig, the authors of Juggling Elephants, comes Getting to It—a practical guide to sorting through the

many priorities in your life, showing you how to carefully and consistently evaluate what your IT (Important Thing) should be, and how to get IT done. How busy are you? In the daily struggle to get it all done, what are you forgetting? Is your mind constantly racing with lists of all the things you could and should be doing? Does your day often feel like you're treading water in an ocean of rushes and deadlines, trying to keep from drowning while handling increasing work and life demands? Don't give up—help is on the way. You just have to find your It. The Important Thing. Define It. Plan It. Focus on It. Get excited about It. Identifying It isn't just the first step in the process of getting focused and heading in the right direction, it's every step. Getting to It: Accomplishing the Important, Handling the Urgent, and Removing the Unnecessary provides the necessary tools to accomplish the important, handle the urgent, and get rid of the unnecessary. Want to enjoy a more fulfilling life? Get to It. A complete author's toolkit: The guide that demystifies every step of the publishing process. No matter what type of book you want to write—fiction, nonfiction, humor, sci-fi, romance, cookbook, children's book—here is how to take an idea you're passionate about, develop it into a manuscript or proposal, get it published, and deliver it into the hands and hearts of readers. Includes interviews with dozens of publishing insiders—agents, editors, best-selling authors, and booksellers. Real-life success stories and the lessons they impart. Plus sample proposals and query letters, a resource guide, and more. Updated to cover ebooks, self-publishing, digital marketing, the power of social media, and more. This complete author's toolkit includes information on:- locating, luring, and landing an agent - perfecting your pitch - the nuts and bolts of a book proposal - conquering the query letter - finding the right publisher for YOU - four steps to reaching readers online - making Amazon work for you - kickstarting your Kickstarter campaign - the ins and outs of ebooks - 10 things you should have on your author website - turning rejection into a book deal - new frontiers in self-publishing Is your workload overwhelming? Does it just keep mounting up while your stress levels

reach fever pitch? In *Getting Things Done* David Allen teaches you how to keep a clear head, relax and organise your thoughts while implementing the methods that he has introduced at organisations like Microsoft, Lockheed and the US Department of Justice: Learn the 'do it, delegate it, defer it, drop it' principle to empty your in-tray. Handle e-mail, paperwork and unexpected demands in a system of self-management. Plan and progress projects. Reasses goals and stay focused. Apply the two minute rule when deciding what to do now and what to defer. Overcome feelings of anxiety and being overwhelmed. With clear and specific methods and advice, David Allen's tried and trusted formula for business efficiency could transform the way you operate and your experience of work. "Girl Sex 101 is the best sex guide in years." - *DIVA Magazine*

Girl Sex 101 is a sex-ed book like no other, offering helpful info for ladies and lady-lovers of all genders and identities, playful and informative illustrations on each page, and over 100 distinct voices, plus a hot narrative that shows you how to put the info to good use! Learn how to navigate the twists and turns of female sexuality, with special guidance from thirteen guest sex educators including Nina Hartley, Sex Nerd Sandra, Jiz Lee, Tristan Taormino, Julia Serano, Reid Mihalko and more! *Girl Sex 101* will teach you...

- *The bits and pieces that make up female sexual anatomy
- *Simple ways to communicate in the heat of the moment
- *How to build a Road Map of your partner's pleasure
- *Essential moves for cunnilingus, strap-ons, hand sex and more!
- *Positions to avoid fatigue and generate the power you need to rock your girl's world! You'll gain confidence to please your girl, no matter what your hands-on experience. Buckle your seat belt and get ready to ride!

A New York Public Library Best Book of 2017 Perfect for aspiring coders everywhere, *Girl Code* is the story of two teenage tech phenoms who met at Girls Who Code summer camp, teamed up to create a viral video game, and ended up becoming world famous. The book also includes bonus content to help you start coding! Fans of funny and inspiring books like Maya Van Wagenen's *Popular* and Caroline Paul's *Gutsy Girl* will

love hearing about Andrea “Andy” Gonzales and Sophie Houser’s journey from average teens to powerhouses. Through the success of their video game, Andy and Sophie got unprecedented access to some of the biggest start-ups and tech companies, and now they’re sharing what they’ve seen. Their video game and their commitment to inspiring young women have been covered by the Huffington Post, BuzzFeed, CNN, Teen Vogue, Jezebel, the Today show, and many more. Get ready for an inside look at the tech industry, the true power of coding, and some of the amazing women who are shaping the world. Andy and Sophie reveal not only what they’ve learned about opportunities in science and technology but also the true value of discovering your own voice and creativity. A Junior Library Guild selection A Children's Book Council Best STEM Trade Book for Students K-12 The first in a wickedly seductive new Scottish historical romance series from New York Times bestselling author Suzanne Enoch! “It’s time to fall in love with Suzanne Enoch.” — Lisa Kleypas HAPPILY-EVER-AFTER London socialite Amelia-Rose Baxter is nobody’s fool. Her parents may want her to catch a title, but she will never change who she is for the promise of marriage. Her husband will be a man who can appreciate her sharp mind as well as her body. A sophisticated man who loves life in London. A man who considers her his equal—and won’t try to tame her wild heart... IN THE HIGHLANDS Rough, rugged Highlander Niall MacTaggart and his brothers know the rules: the eldest must marry or lose the ancestral estate, period. But Niall’s eldest brother just isn’t interested in the lady his mother selected. Is it because Amelia-Rose is just too. . . Free-spirited? Yes. Brazen? Aye. Surely Niall can find a way to soften up the whip-smart lass and make her the perfect match for his brother for the sake of the family. JUST GOT A WHOLE LOT HOTTER. Instead it’s Niall who tempts Amelia-Rose, despite her reservations about barbarian Highlanders. Niall finds the lass nigh irresistible as well, but he won’t make the mistake his father did in marrying an Englishwoman who doesn’t like the Highlands. Does he have what it takes to win her heart?

There is only one way to find out... Since 2001 William Germano's Getting It Published has helped thousands of scholars develop a compelling book proposal, find the right academic publisher, evaluate a contract, handle the review process, and, finally, emerge as published authors. But a lot has changed in the past seven years. With the publishing world both more competitive and mor... Hoping to impress a sexy female classmate, fifteen-year-old Carlos secretly hires gay student Sal to give him an image makeover, in exchange for Carlos's help in forming a Gay-Straight Alliance at their Texas high school. "A ... new philosophy and ... guide to getting the most out of your money--and out of life--for those who value memorable experiences as much as their earnings"-- 'The most important book about the second half of your life you'll ever read. I wish everyone in the UK could be under Dr Lucy's care, but this is the next best thing' SANDI TOKSVIG 'This warm and compassionate book gets to the heart of older age. Using stories and accessible explanations, it covers issues of declining health, quality of life and choices about the things that matter most' THE BRITISH GERIATRICS SOCIETY _____ Now more than ever, we need to talk about getting older. Many of us are living to a very great age. But how do we give those we love, and eventually ourselves, long lives that are as happy and healthy as possible? Dr Lucy's book gives us answers to the questions we can voice - and those that we can't. A long life should be embraced and celebrated, but it's not all easy. Yet even the most challenging situation can be helped by the right conversation. How do we start? How do we ask whether it's worth taking seven different medicines? Is it normal to find you're falling out of love with someone, as they disappear into dementia? Should Dad be driving, and if not, who can stop him? What are the secrets of the best care homes? When does fierce independence become bad behaviour? How do you navigate near-impossible discussions around resuscitation and intensity of treatments? And who decides what happens when we become ill? Serious, funny, kind and knowledgeable, this readable book helps guide us through essential

conversations about getting older that go straight to the heart of what matters most. A fun, inclusive guide to satisfying sex for all men, jam-packed with expert advice, game-changing insights, and sensational sex positions. You know you want it: More. Better. Hotter. But the editors at Men's Health know you also have a lot of questions, especially as cultural ideas about gender, sexuality, and "taboo" desires have started to shift, making sex a little more complicated, too. Jordyn Taylor, Men's Health's sex and relationship editor, and sex expert Zachary Zane, tapped the top sex professionals for the best advice about getting it on. No matter your preferences or what you're into, and whether you're single or in a relationship or several relationships at once, Best. Sex. Ever. is your funny and friendly authority on having awesome sex. You'll find the answers to pressing questions like: Is dirty talk problematic in a post-#MeToo world? (Nope. As long as your partner is into it, curse away, my dude.) What's the secret to taking a really good nude? (See: our illustrated guide to the best-ever selfie positions!) Is it weird that I'm a straight guy who wants to try butt stuff? (Only if you hate the mind-blowing pleasure of prostate massage.) Are my kinks normal? (Definitely—and we'll show you how to try them.) What's the sexiest way to ask for enthusiastic consent? (Yup, it can be sexy.) Complete with sex position illustrations, juicy anecdotes and honest myth-busting advice for open-minded, sex-loving guys, this book is bursting with insights on achieving pleasure with your partner(s)--every single time. Hey, gorgeous! You know how you're always thinking about getting more organized? More focused? Healthier? Changing up your hair routine? And so many other things? It's time to stop thinking about it and do it! We know getting started seems overwhelming; we've been there. We're both busy professionals and moms, so we know how self-care gets pushed to the side. But that's not the way it should be! We want to help you become your best self—that's why we teamed up to write Get It! And gathered all our favorite tips, tricks, and secrets to help you get whatever "it" you want: Get Centered, Get on Track, Get Organized, Get Healthy, Get Fit,

Get Beautiful Hair, Get Flawless Skin, Get Made Up, Get Stylish and Sexy—in just minutes a day. From finding a calm center amidst chaos and dressing for your body type in your 30s, 40s, and beyond, to getting in shape no matter what your schedule looks like and saving time on hair, makeup, and looking and feeling young, Get It! is the ultimate handbook to finding style, beauty, and wellness within yourself while getting exactly what you want out of life. We're so excited to share this book with you. Whatever you want—it's time to get it! XOXO, Jacqueline and Jené

An empowering guide to casual sex and hooking up from sex educator and Girl Sex 101 author Allison Moon. A comprehensive and fun-to-read guidebook for people of all sexual identities and experience levels, Getting It covers all the bases of hook-up culture from first moves and sex etiquette to navigating nonmonogamy and sexual health. In an era of endless crossed signals and heightened awareness of consent and respect, award-winning author and sex educator Allison Moon shows you how to achieve safe and enjoyable encounters by practicing clear communication and consideration of all parties involved--yourself included. Getting It helps you understand what casual sex means for you and offers an instructive and empowering deep dive into how to get it, do it well, and feel great about it every step of the way. And since we're all imperfect, Moon offers guidance for how to gracefully recover when you screw up--or get screwed over. Refreshingly intersectional and respectful, Getting It is an honest guide to understanding the basics of hook-up culture and how to partake. The acclaimed debut from the author of Booker-listed Solar Bones is a dark, uncanny collection of stunning breadth and audacity. In this gothic, virtuoso debut collection, Mike McCormack dispenses nightmares both stylish and macabre. "A Is for Ax" offers an alphabetized account of the killing of a parent, while the title story tracks a chilling sibling rivalry. Others tell of a quiz on the road to Calvary, a door-to-door saleswoman trafficking in strange and menacing feats, and a self-mutilating artist pushing himself to the limit. These sly and dangerous stories, balanced on a knife's edge between life

and death, showcase a young writer's mastery of wicked formal play. Written for users, this book provides a structured approach with processes for implementing OEMS based on the learnings and experiences from companies who have implemented OEMS. The book leverages the knowledge of experienced OEMS personnel to provide a compelling sense of direction for organizations in the implementation of OEMS. The book includes sample templates and tools where necessary to ensure successful implementation and sustainment. The content of this book provides a testing methodology for implementing an OEMS across any organization while avoiding the pitfalls others have encountered along the way. The book: Provides a simple and easy process to follow for implementing an OEMS Offers organizations an opportunity to avoid the implementation errors of early adopters and provides them with the ability of learning from the experiences of others Equipped with tools and processes to make implementation and sustainment very effective, thereby avoiding false starts Designed to improve HSE, business reliability, efficiency, effectiveness, and performance on an ongoing basis Presents a simple pathway for helping organizations across all industries including those that operate within the various segments of the Oil and Gas business, to become more operationally disciplined in the way we do business and operate our assets in a high-risk operating environment Previously published in hardcover: New York: Free Press, 2010. This edition tackles the issue of self-deception and provides methodologies to help people overcome it. Learn how to use R to turn raw data into insight, knowledge, and understanding. This book introduces you to R, RStudio, and the tidyverse, a collection of R packages designed to work together to make data science fast, fluent, and fun. Suitable for readers with no previous programming experience, R for Data Science is designed to get you doing data science as quickly as possible. Authors Hadley Wickham and Garrett Grolemund guide you through the steps of importing, wrangling, exploring, and modeling your data and communicating the results. You'll get a complete, big-picture understanding of the data

science cycle, along with basic tools you need to manage the details. Each section of the book is paired with exercises to help you practice what you've learned along the way. You'll learn how to:

Wrangle—transform your datasets into a form convenient for analysis

Program—learn powerful R tools for solving data problems with greater clarity and ease

Explore—examine your data, generate hypotheses, and quickly test them

Model—provide a low-dimensional summary that

captures true "signals" in your dataset

Communicate—learn R Markdown

for integrating prose, code, and results

Fulfilling, unforgettable sex is 95% mental. What are you missing out on - for both you and your partner?

Discover real, scientifically-proven triggers to human sexuality with none of the generic Cosmo hype. This book is a look behind the

scenes into what arouses us, titillates us, and makes us swoon as human beings. No more silly advice about that one position that will make you

squirm. We've been doing it wrong the whole time. The Science of Getting

It On is an insightful look into human sexuality and exactly how we can have better sex, more orgasms, flirt better, understand our sexuality

better, and become the best lover your partner will EVER have - using evolutionary and biological science. Over 30 studies referenced and

analyzed to improve your sex life from beginning to end. Create chemistry naturally and easily. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a bestselling author.

He has worked with dozens of individuals to unlock their potential and path towards success. His writing draws on his academic, coaching, and

research experience. Learn the seeds of evolutionary attraction and desire. -The real elements of remarkable sex; no tricks or whips. -The

biological basis of unforgettable sex. -Why you aren't achieving orgasm, and how to consistently O. Get inside your partner's mind. -The double-

edged sword of pornography and how it alters your brain. -Why we love kinky sex and fetishes. -What successful flirting really looks

like. Understand your sexuality and create a fulfilling sex life. This isn't a book about one person's experiences, and it's not about using whipped

cream or whips. It's a book with peer-reviewed studies and real evidence and conclusions about how to take advantage of our primal nature. You'll learn how to use instinctual triggers, communicate better, and connect more deeply. When you can understand people's instincts, you can satisfy them effortlessly. Become Casanova and scroll to the top of this page and click the BUY NOW BUTTON. Discover a "compelling" framework for setting and achieving your goals (Carol Dweck, author of Mindset), from a psychologist on the cutting edge of motivational science. A great deal of ink has been spilled on the subject of motivating and influencing others, but what happens when the person you most want to influence is you? Setting and achieving goals for yourself—at work, at home, and in relationships—is harder than it seems. How do you know where to start? How do you carry on in the face of roadblocks and distractions? How do you decide which tasks and ambitions to prioritize when you're faced with more responsibilities, needs, and desires than you can keep track of? In Get It Done, psychologist and behavioral scientist Ayelet Fishbach presents a new theoretical framework for self-motivated action, explaining how to: Identify the right goals Attack the "middle problem" Battle temptations Use the help of others around you And so much more... With fascinating research from the field of motivation science and compelling stories of people who learned to motivate themselves, Get It Done illuminates invaluable strategies for pulling yourself in whatever direction you want to go—so you can achieve your goals while staying healthy, clearheaded, and happy.

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